

Guardian Angel

Angel of God, My guardian dear, to whom God's love commits me here.
Ever this day (night) be at my side, to light, to guard, to rule and guide. Amen.

The Our Father

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come;
Thy will be done on earth as it is in heaven. Give us this day our daily bread;
And forgive us our trespasses as we forgive those who trespass against us;
And lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee!
Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death.
Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end. Amen.

Prayer Before Meals

Bless us Oh Lord, and these thy gifts, which we are about to receive, from thy bounty,
through Christ, Our Lord. Amen.

Act of Contrition

O my God, I am sorry for my sins with all my heart. In choosing to do wrong, and failing
to do good, I have sinned against you, whom I should love above all things.
I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever
leads me to sin. Amen.

The Apostle's Creed

I believe in God, the Father almighty, Creator of Heaven and Earth.
I believe in Jesus Christ, His only Son, our Lord.
He was conceived by the power of the Holy Spirit and born of the Virgin Mary.
He suffered under Pontius Pilate,
Was crucified, died, and was buried.
He descended to the dead.
On the third day, He rose again.
He ascended into Heaven,
And is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church,
The communion of saints, the forgiveness of sins,
The resurrection of the body, and life everlasting. Amen.

Hail, Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope.
To thee do we cry, poor banished children of Eve. To thee do we send up our
Sighs, mourning and weeping in this valley of tears. Turn then, most gracious
Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the
Blessed fruit of thy womb, Jesus. O clement, O loving! O sweet Virgin Mary!
Pray for us, O Holy Mother of God, that we may be made worthy of the promises of
Christ.

The Ten Commandments

1. I am the Lord your God: you shall not have strange gods before me. You shall not make for yourself a graven image.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods